

## Term 2 Program 2025

April 28th-July 4th 2025

### Reopening Celebration

Tuesday April 29th | 2pm-5pm

FREE

Waminda has returned home after 9 months and we're having a celebration. All ages welcome, free BBQ, kids activities, face painting, art activities, raffle, and photo exhibition @ 19 Ballintine St

### Mothers Day Lunch @ CWA

Wednesday May 7th | 12pm | \$15

Enjoy a 3 course lunch to celebrate Mothers Day in the good company of others. Bookings essential, call Waminda.

### Food Relief

Thursdays | 11:00-12:30pm | FREE

Fresh food and pantry items available for anyone doing it a bit tough. Drop in to Waminda and pick up some food. BYO bag.

### Pot Luck Thursday

Thursdays | 11:30-12:30pm | FREE

Volunteers prepare a light lunch for visitors to enjoy. Sit down with others to enjoy a chat and something yummy to eat.

### The Produce Table

Do you have excess produce or vegetables in your garden? You can drop off, make a swap or take what you need.

### Song & Dance

Tuesday | Voices 4:30pm-5:15pm

Dance 5:15pm-6pm | \$2 each session

Would you like to experience the magic of singing in a group? Or, have a try at moving your body in dance? Open to all ages 10+ and all abilities, no experience needed - it's about having fun. Voices led by Edwin Manono and dance led by Miss Mel @ Yooralla Community Hub 58 Mansfield Road, Benalla

### Yoga Classes

5 Week Intro to Yoga for Mums

Fridays | 9:30-10:15am | \$12 per session or \$50 for 5 weeks

Join us for the month of May to learn yoga basics and establish a routine before the winter slump sets in.

**Gentle Yoga**  
Fridays | 10:30-11:15am

**\$12 per session or pay upfront for the term and get 1 session free**  
Modified for all bodies, energy levels, abilities and mobility. A safe environment for those wishing to try something new.

Please ring Waminda to register

Address: both Yoga classes are at Yooralla, 58 Mansfield Road, Benalla

### Hume Mental Health & Wellbeing Connect

Tuesday fortnightly | 10:30am-1:30pm

| 13 May, 27 May, 10 June, 24 June

Come along to connect with other CARERS who have lived experience in supporting someone with mental health or substance abuse.



19 Ballintine Street Benalla

Phone: 0491 630 213

Email: [manager@wamindabenalla.org.au](mailto:manager@wamindabenalla.org.au)

Open: 9:00am - 4:00pm, Monday to Thursday

Website: [www.wamindabenalla.org.au](http://www.wamindabenalla.org.au)

CWA Hall  
Benalla  
All  
welcome



Every  
Wednesday  
during  
school  
terms



Coffee & Chat

10:00am-11:00 am \$6 (cash only)

A lovely and welcoming morning tea including barista coffee and tea. A great place to meet new people and have a chat.



Be Connected Tech Hub

9.30am -10:30am - Free

**NEW**

May 14th, 28th, June 11th and 25th

Tech Hub is an opportunity for seniors to learn and ask questions about technology in a relaxed and friendly environment.



Creative Corner

11:00am-1:00pm from \$5

(art resources supplied at cost)

Join this growing group of beginner and experienced painters and crafters. This term we will have pottery, watercolour paint and candle making workshops.

**ROOM AT THE TABLE**

**NEW**

1:00pm-3:00pm \$5 each or \$12.50 family

Starts Wednesday May 28th

All things games and more... Afternoon tea available of barista coffee and cake for \$6

### Kids & Families

#### Supported Playgroup



Tuesdays | 10:00-12:00pm | FREE

Supported Playgroup returns this term for children aged 0-5yrs. Call 5721 2245 for enquiries.



#### Reading Buddies

Mondays | 3:20-4:20pm | FREE

Come along after school and enjoy reading with a trained buddy. For Primary school students. Call Waminda on 0491 630 213 to book.



#### Immunisations

Monday monthly | 1:00pm - 1:30pm

5th May, 2nd June, 7th July

Phone 1800 655 360 to book.

#### Anganya Program

**NEW**

Wednesdays & Thursdays | 3:30-

4:30pm | FREE

Led by Gambina and Tomorrow Today, this new program tutors Aboriginal and Torres Strait Islander students in numeracy and literacy. For both Primary and Secondary aged students. Contact Tomorrow Today 5762 1211 or Waminda

#### Blanket Drive Bendigo Bank

Donate blankets from May 12<sup>th</sup> - May 30<sup>th</sup>

Bendigo Bank will partner with Waminda again this winter to take donations of blankets to be provided to families & individuals in need. Take your donated blanket to Bendigo Bank, Benalla.

### Need help with your lawn?

Rotary is here to help anyone unable to mow their lawn due to health or other reasons. Donation is welcomed. Contact Waminda



Waminda Community House is supported by:

