WAMINDA COMMUNITY HOUSE

TERM 4 2026 PROGRAM

Kids & Families

Immunisations

Monday monthly | 1pm - 1:30pm
October 5th | November 2nd | December 7th
Phone 1800 655 360 to book.

Jammin' After School - Movement & Creativity for Primary & Secondary Kids



Mondays | 3:30pm-4:45pm | FREE
Dates: 26th Oct, 2nd, 9th, 16th, 23rd & 30th Nov

Join this 6 week program and build confidence, expression and creativity! Through fun, playful activities, we will explore movement and space. Using voice, music, storytelling and discussion, we will reflect on ideas and the world around us through movement.
Please text or phone book in your child

Supported Playgroup



Tuesdays 10am-12noon | FREE
Facilitated playgroup for children aged 0-5yrs. Call Benalla Council
5721 2245 or 0436 441 784 to book in.

BENALLA RURAL CITY

Parent Connect Information Session

TOMORROW TODAY

Thursday 29th October | 10:30am-11:30am
ConnectParent supports parents to be and new parents in the first 2 years of their child's life. The program connects parents with a volunteer community mentor to walk the journey alongside them, explore the services and facilities available to them in Benalla and reduce social isolation.



Food Share



Food Share

Thursdays | 11am - 12:30pm | free
Fresh food and pantry items available for anyone doing it a bit tough. BYO bag.

Community Lunch

Thursdays | 11:30am - 12:30pm | free
A light lunch prepared by volunteers. Sit down and enjoy a chat with others. All welcome.
If you need a bit of support a member from the the Mental Health Wellbeing Local is available.

Excess produce and food donations



Waminda accepts excess fresh garden produce and in date unopened non perishable food items.

BCFC Benalla Community FOOD COLLECTIVE

Are you interested in food systems, sustainability and helping the Benalla community thrive?

Join this passionate group of professionals and community members working to improve food share in Benalla using the BCFC Food Share Strategy and Food Security Framework.
Next meeting Wednesday 11th November - 3pm-4:30pm at Waminda Community House.

COMING SOON...
Cooking for Community Social Enterprise

19 Ballintine Street, Benalla 0491 630 213 manager@wamindabenalla .org.au

Opening Hours Mon-Thurs 9am-4pm

English as a Second Language

Tuesdays | 5:30pm-7pm | free

All levels welcome- improve your spoken and written English. Contact Faryal 0477 995 306 for further information.

FREE Hearing Tests

Hearing Australia

Wednesday October 14th | 9:30am-11:00am

Book a time- Phone 0409 759 812

Benalla Health Info Session

Wednesday October 28th | 10:15am-11:00am

Maddi and Kylie from Benalla Health will attend our Link Up session to provide information on Home Care including - Home nursing, Hospital in the Home and Palliative care.

Yoga

WAMINDA COMMUNITY HOUSE

Dru Yoga with Deb



Dry Yoga is a gentle, heart centred style of yoga that focuses on releasing energy blocks through flowng movements, conscious breathing and deep relaxation.
Suitable for all ages & levels of ability
Call/text Waminda on 0491 630 213 to book your spot.

Where: The Centre Benalla
157 Bridge Street East, Benalla.
Cost: $15 per session (cash) or pay in advance via bank transfer
When: Fridays 10:00am-11:00am
Dates: October 9th & 16th - The Centre
October 23rd - Waminda
November 6th & 13th - The Centre
November 20th - Waminda
November 27th - The Centre
December 4th & 11th - The Centre

Wear clothes you feel comfortable in. Bring a light shawl or blanket, water bottle and a yoga mat. We have spare mats if you need one!

Coffee and Chat

Are you looking to meet some new people?

This social **Link Up** Program has been going for 3 years and has evolved into a beautiful, friendly and welcoming group.

Drop in for a delicious barista coffee/hot chocolate and cake

Wednesdays | 10am-11am | $7

Creative Corner

Come along and experience a range of art and craft activities. A blend of guest facilitators and self led group activities OR bring your own project.

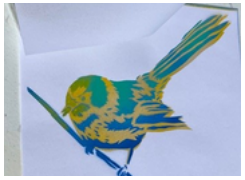
Wednesdays | 11am-1pm | $5

October 7th **Stencil and Spray-Painting Workshop** with Fleur from Benalla Art GAllery

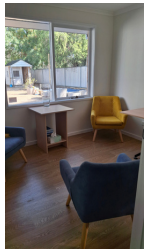
Learn the techniques of stencil cutting and spray painting to produce a street-art-inspired work. Develop an original design or select from the templates provided.

November 4th Workshop to be advised.

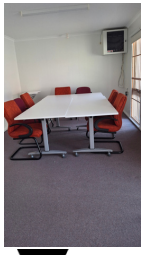




Waminda has affordable Room Hire available









16 Days of Activism-Family Event

Where: Waminda Community House
Date: Monday 30th November
Time: 3:30pm-5:30pm
Kids Activities | Colouring In Competition
Dance and Movement Performance
FREE BBQ

Violence is preventable. Help create change.

RESPECT VICTORIA

2026 Benalla Seniors & Fashion Parade

SOLD OUT

DATE: Thursday 8th October 2026



Waminda Community House is supported by: VICTORIA State Government, BENALLA RURAL CITY